

We handle multiple allergens and cannot guarantee any item is allergen free.

Iced Drinks

	Vegetarian	Vegan	Halal	Cereals containing gluten							Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs	
				Wheat	Rye	Barley	Oats	Spelt	Kamut															
ICED DRINKS ALLERGEN INFORMATION VARIES BY MILK TYPE – PLEASE CHECK BOTH SECTIONS																								
Iced Black	✓	✓	s																					
Iced White/Flat White/Latte Dairy	✓	✓	s																					
Iced White/Flat White/Latte Oat	✓	✓	s				✓																	
Iced White/Flat White/Latte Almond	✓	✓	s																					
Iced White/Flat White/Latte Soya	✓	✓	s							✓														
Iced White/Flat White/Latte Coconut	✓	✓	s																					
Iced White/Flat White/Latte Sproud	✓	✓	s																					
Iced Mocha Dairy	✓	✓																						
Iced Mocha Oat	✓	✓					✓																	
Iced Mocha Almond	✓	✓																						
Iced Mocha Soya	✓	✓								✓														
Iced Mocha Coconut	✓	✓																						
Iced Mocha Sproud	✓	✓																						
Iced Chai Dairy	✓	✓	s																					
Iced Chai Oat	✓	✓	s				✓																	
Iced Chai Almond	✓	✓	s																					
Iced Chai Soya	✓	✓	s							✓														
Iced Chai Coconut	✓	✓	s																					
Iced Chai Sproud	✓	✓	s																					
Iced Matcha Dairy	✓	✓	s																					
Iced Matcha Oat	✓	✓	s				✓																	
Iced Matcha Almond	✓	✓	s																					
Iced Matcha Soya	✓	✓	s							✓														
Iced Matcha Coconut	✓	✓	s																					
Iced Matcha Sproud	✓	✓	s																					
Iced Chocolate Dairy	✓	✓	s																					
Iced Chocolate Oat	✓	✓	s				✓																	
Iced Chocolate Almond	✓	✓	s																					
Iced Chocolate Soya	✓	✓	s							✓														
Iced Chocolate Coconut	✓	✓	s																					
Iced Chocolate Sproud	✓	✓	s																					
Iced Blueberry/Pistachio Matcha Latte Dairy	✓	✓	s																					
Iced Blueberry/Pistachio Matcha Latte Oat	✓	✓	s				✓																	
Iced Blueberry/Pistachio Matcha Latte Almond	✓	✓	s																					
Iced Blueberry/Pistachio Matcha Latte Soya	✓	✓	s							✓														
Iced Blueberry/Pistachio Matcha Latte Coconut	✓	✓	s																					
Iced Blueberry/Pistachio Matcha Latte Sproud	✓	✓	s																					

Syrups & Drink Extras

	Vegetarian	Vegan	Halal	Cereals containing gluten							Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs	
				Wheat	Rye	Barley	Oats	Spelt	Kamut															
Vanilla (Sugar and sugar free)	✓	✓	s																					
Caramel (Sugar-Free)	✓	✓	s																					
Hazelnut	✓	✓	s																					
Cinnamon Bun	✓	✓	s																					
Agave	✓	✓	s																					
Blueberry	✓	✓	s																					
Pistachio	✓	✓	s																					
Cream	✓	✓	s																					
Chocolate Sprinkles (Cocoa)	✓	✓	s																					
Marshmallows																								

We handle multiple allergens and cannot guarantee any item is allergen free.

Açaí, Greek Yoghurt & Oats

	Vegetarian	Vegan	Halal	Cereals containing gluten							Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs		
				Wheat	Rye	Barley	Oats	Spelt	Kamut																
AÇAÍ BOWL ALLERGEN INFORMATION VARIES BY TOPPINGS – PLEASE CHECK BOTH SECTIONS																									
Açaí Base (Organic Açaí), no toppings	✓	✓	s																						
Pistachio Royal Açaí bowl	✓	✓																							
Salted Peanut Açaí bowl	✓	✓																							
Biscoff Açaí bowl	✓	✓	s																						
Pom Pom Açaí bowl	✓	✓	s																						
The Nutty Professor Açaí bowl	✓	✓																							
OAT BOWL ALLERGEN INFORMATION VARIES BY MILK AND TOPPINGS – PLEASE CHECK BOTH SECTIONS																									
Oat Bowl (ALLERGENS EXCLUDE MILK CHOICE)	✓	✓	s																						
GREEK YOGHURT ALLERGEN INFORMATION VARIES BY TOPPINGS – PLEASE CHECK BOTH SECTIONS																									
Greek Yoghurt	✓	✓	s																						

Pancakes & Sourdough

	Vegetarian	Vegan	Halal	Cereals containing gluten							Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs		
				Wheat	Rye	Barley	Oats	Spelt	Kamut																
PANCAKE ALLERGEN INFORMATION VARIES BY TOPPINGS – PLEASE CHECK BOTH SECTIONS																									
Pancakes	✓	✓																							
Avocado Sourdough	✓	✓																							
Sourdough bread	✓	✓	s																						

Toppings

	Vegetarian	Vegan	Halal	Cereals containing gluten							Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs		
				Wheat	Rye	Barley	Oats	Spelt	Kamut																
Agave	✓	✓	s																						
Almond Butter (Pip & Nut Smooth)	✓	✓	s																						
Almond Flakes	✓	✓	s																						
Bananas	✓	✓	s																						
Biscoff Crumbs	✓	✓	s																						
Biscoff Spread	✓	✓	s																						
Blueberries	✓	✓	s																						
Cacao Nibs	✓	✓	s																						
Chia seeds	✓	✓	s																						
Coconut Flakes	✓	✓	s																						
Dark Chocolate Drizzle	✓	✓																							
Dates	✓	✓	s																						
Granola (Glebe Farm Gluten-Free)	✓	✓	s																						
Greek Yogurt	✓	✓	s																						
Honey	✓	✓																							
Maple Syrup	✓	✓	s																						

